



# Our Lady of the Lake

## Roman Catholic Parish

1975 Daytona Drive  
Lake Havasu City, AZ 86403  
Phone: (928) 855-2685  
FAX: (928) 855-7172  
Español: (928) 855-0187  
Email: [ourlady@ourladylh.org](mailto:ourlady@ourladylh.org)

**Fr. Anthony Okolo, C.S.Sp., V.F.**  
**PAROCHIAL ADMINISTRATOR**

**Fr. J. Thomas**  
**PAROCHIAL VICAR**



## 2<sup>ND</sup> SUNDAY IN ORDINARY TIME



"Now I have seen and testified that he is  
the Son of God." - Jn 1:34

### Schedule of Masses

4:00 pm (Saturday Vigil)

### Sunday Masses

7:00 am, 8:45 am

10:30 am (Live Streamed)

12:30 pm (Spanish/Español)

5:00 pm

### Weekdays

8:30 am

### Wednesday

8:30 am & 5:30 pm

### First Friday Mass with Anointing

8:30 am & 6:30 pm

### Saturday- 8:30 am

### Confessions

Tuesday 5:00 pm - 5:30 pm

Wednesday 9:00 am - 9:30 am

Saturday 9:00 am - 9:30 am

First Friday 5:30 pm - 6:30 pm

First Saturday 7:00 am - 7:30 am

(or by appointment)

### Holy Hour with Benediction

Tuesday 9:00 am or Friday 3:00 pm

### Morning Prayer

Monday - Friday 7:30 am

### Rosary

Monday - Saturday 7:50 am

### Sacraments

Anointing of the Sick 928-855-2685



## Second Sunday in Ordinary Time

January 18, 2026

Jesus, the Lamb of God, is the light of the nations who came to do the Father's will. In Christ we have been called to be a holy people.

### Pastor's Corner

#### THE CONNECTION BETWEEN FAITH AND HEALTH

Beloved Parishioners,

“The just shall live by faith...” so the word of God in Habakkuk 2:4 asserts. But what is more pointed in explaining this scriptural passage is not a clear understanding that there exists a nexus between faith and health. The connection between faith and health is multifaceted and often involves psychological, emotional, and social dimensions. It is generally understandable that faith can positively influence health in several ways. Faith, in its many forms, from religious beliefs to spiritual practices, has been shown to influence health outcomes in various ways. Understanding this connection is crucial, as it sheds light on how our personal beliefs can impact our overall well-being and how healthcare systems can better support individuals' holistic health.

Faith and health have been intertwined throughout history. Ancient civilizations often integrated spiritual and religious practices with healing methods. For instance, in ancient Egypt and Greece, temples served both as places of worship and healing. Similarly, many indigenous cultures used spiritual rituals as part of their healing practices. These historical practices laid the groundwork for the complex relationship between faith and health that continues today. In the modern era, the relationship between faith and health has evolved. Religious institutions have increasingly played roles in healthcare, from founding hospitals to offering support through faith-based community health programs. This historical perspective highlights how deeply embedded the connection between faith and health is within human culture.

Psychologically considered, faith can provide a sense of purpose and meaning, which can reduce stress and improve overall mental well-being. Belief systems often offer coping strategies for dealing with life's challenges, contributing to better mental health. Faith can have a profound effect on mental health. Believers frequently report higher levels of life satisfaction and lower levels of stress compared to non-believers.

Moreso, religious communities can offer strong social networks and support systems. Social support has been consistently linked with better health outcomes, including reduced risk of chronic disease and increased longevity. Membership in a faith-based community often

provides individuals with a network of support, including emotional, practical, and sometimes financial assistance. We know fully well that strong social networks are linked to better health outcomes, including lower rates of chronic disease and increased longevity.

Again, religious organizations actively contribute to public health through community initiatives. Faith-based organizations often run health programs, offer counseling services, and support community health outreach efforts. For example, churches and mosques frequently host health fairs, provide free screenings, and offer educational workshops on healthy living.

Faith helps reinforce healthy behavior. Many religious traditions encourage health-promoting behaviors such as abstaining from harmful substances (e.g., alcohol, tobacco) and promoting healthy eating and exercise. Further, practices associated with faith, such as prayer, meditation, and mindfulness, can help reduce stress and promote relaxation. Chronic stress is linked to various health issues, so managing stress can have positive effects on physical health. Our day-to-day experiences support the idea that religious adherence is associated with healthier lifestyle choices. A study published in the *American Journal of Preventive Medicine* found that religious individuals are more likely to engage in health-promoting behaviors and less likely to partake in risky behaviors. This correlation underscores how faith can influence health through behavioral patterns.

Faith can provide comfort and resilience in the face of illness or adversity as a coping mechanism. Having spiritual beliefs can help individuals manage pain and cope with difficult health situations. For example, people who believe in a higher purpose or divine plan may find comfort and strength during difficult times. This emotional support can be crucial in managing chronic illness or undergoing major life transitions.

The aforementioned points are meant to help us persevere in our faith and even spur us to commit even more in our religious activities, especially as it concerns our parish. May God bless our resolve to be closer to him. Amen.

*Fr. Tony Okolo C.S.Sp., V.F.*

## Theme: Behold Jesus Who Takes Away the Sins of the World

Second Sunday in Ordinary Time Year A, January 18, 2026

First Reading: Isaiah 49:3, 5-6, Second Reading: 1 Corinthians 1:1-3, Gospel: John 1:29-34

Isaiah in the first reading tells of the servant whom the Lord will show his glory. This servant is destined to raise up the tribes of Jacob and restore the survivors of Israel. There is no other person than Jesus who was born for us during Christmas, he is that servant whom John the Baptist points out to us in the Gospel. He came to restore us to the glory God has for us from the beginning and to shower his light upon us that we may reflect his light in the society in which we live. He was born so that we might radiate the light that is for us to realize God is all in all.

During the advent season leading to Christmas, we encountered the parents of John Baptist, Zacharia and Elizabeth in different stages. Now that Jesus has been born for us, we now see John Baptist pointing out Jesus to us as the lamb who has come to take away the sins of the

world. When Mary visited Elizabeth, she proclaimed that as soon as the child in her womb heard about Mary's greeting the child in her womb leaped for joy. Now the child has been born, he begins that work for which he was joyful about. After John had baptized Jesus, he knew that he must take the back seat while Jesus takes the driving seat. The humility of John the Baptist is a virtue presented to all of us to emulate to know when to give room for others. John would have remained on the stage, but he knew he has completed his part and has to allow Jesus' take over.

In humility we recognize our place and take our rightful position just as John the Baptist did. Let us pray for the grace of humility in all that we do following the example of John the Baptist.

**Fr. Tony Okolo C.S.Sp., V.F.**

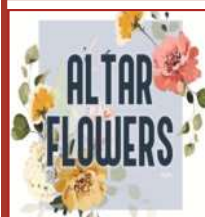


### **Candlemas Day Blessing of the Candles**

On Monday, February 2, 2026, forty days after Christmas, the Church celebrates the feast of the

Presentation of the Lord. Because it echoes the Christmas festival, this day is a celebration of light and darkness.

For nine centuries, it has been tradition to bless candles on this day. Because of its simplicity and beauty, the candle has continued to be used when the Church gathers for prayer, both in public places and in the home. We will continue the tradition the Church has had for nine centuries and bless candles that you bring to 8:30 am Mass on **Monday, February 2nd**, the Presentation of the Lord.



### **Altar Flowers**

In Honor of Santo Nino  
Filipino Community



### **ALTAR CANDLES**

In Honor of Santo Nino  
Filipino Community



# Mass Intentions & Readings

<b>Sunday</b>	<b>Jan. 18</b>	<b>Is 49:3, 5-6 1 Cor 1:1-3</b>	<b>Jn 1:29-34</b>	<b>7:00 am Francis Tassinari †</b>	<b>(Mary Lou Tassinari)</b>
				<b>8:45 am Joseph Cistaro †</b>	<b>(Mom, Evie)</b>
				<b>10:30 am Thanksgiving for Santo Nino</b>	<b>(Havasu Filipino Community)</b>
				<b>12:30 pm Parishioners</b>	<b>(Linda Salamanca)</b>
				<b>5:00 pm Anthony Salamanca†</b>	<b>(Linda Salamanca)</b>
<b>Monday</b>	<b>Jan. 19</b>	<b>1 Sm 15:16-23</b>	<b>Mt 2:18-22</b>	<b>8:30 am Jessie Pelayo HB</b>	<b>(Mary Sutton)</b>
<b>Tuesday</b>	<b>Jan. 20</b>	<b>1 Sm 16:1-13</b>	<b>Mk 2:23-28</b>	<b>8:30 am Roger Olsen†</b>	<b>(Carolyn Olsen)</b>
<b>Wednesday</b>	<b>Jan. 21</b>	<b>1 Sm 17:32-33, 37, 40-51</b>	<b>Mk 3:1-6</b>	<b>8:30 am Juan Villa SI</b>	<b>(Karla Garcia)</b>
				<b>5:30pm Kevin Jacobs†</b>	<b>(Dante and Terry Marinelli)</b>
<b>Thursday</b>	<b>Jan. 22</b>	<b>1 Sm 18:6-9, 19:1-7</b>	<b>Mk 3:7-12</b>	<b>8:30am Thilak Fernando†</b>	<b>(Bob &amp; Sherry Ketner)</b>
<b>Friday</b>	<b>Jan. 23</b>	<b>1 Sm 24:3-21</b>	<b>Mk 3:13-19</b>	<b>8:30 am Jeff Gilmore†</b>	<b>(Rick &amp; Kathy Ellithorpe)</b>
<b>Saturday</b>	<b>Jan. 24</b>	<b>2 Sm 1:1-4, 11-12, 19, 23-27 Is 8:23—9:3 1 Cor 1:10-13, 17</b>	<b>Mk 3:20-21 Mt 4:12-23 or 4:12-17</b>	<b>8:30 am Barbara Graf Maher†</b>	<b>(Renee Saletta Vicker)</b>
				<b>4:00 pm Centa Roberts†</b>	<b>(Family)</b>
<b>Sunday</b>	<b>Jan. 25</b>	<b>Is 8:23—9:3 1 Cor 1:10-13, 17</b>	<b>Mt 4:12-23 or 4:12-17</b>	<b>7:00 am Maureen Luchsinger†</b>	<b>(Chris Jones)</b>
				<b>8:45 am Mike Brooks†</b>	<b>(Bill &amp; Jojo Spaeth)</b>
				<b>10:30 am Arthur Ontiveros †</b>	<b>(Linda Ontiveros)</b>
				<b>12:30 pm Roberto Piña Reyes †</b>	<b>(Piña Rico Family)</b>
				<b>5:00 pm Marlis Rodesch†</b>	<b>(Myrna Hawkins)</b>



## Parish Office and School Closed

In observance of Martin Luther King, Jr. Day, Parish and School Offices will be closed Monday, January 19, 2026.

***For Emergencies please call 928-855-2685***



## **St. Blaise Blessing of Throats**

On Tuesday, February 3rd, we remember St. Blaise, the patron saint of throats.

The Blessing of Throats will take place during the **8:30 am Mass**.



## **Tax Letters**

Tax letters will **not** be automatically sent out this year. Please contact the Parish Office at 928-855-2685 should you wish to have a tax letter printed.

***Thank you for your understanding.***



## **"WHAT WE BELIEVE"**

### **THE BEAUTY OF THE CATHOLIC FAITH.**

What is the Catholic Church all about? What does it mean to be Catholic? What do Catholics believe?

This is a Ten-part study program to discuss the above and more. Please join us on Wed. Feb 4<sup>th</sup> at 6:30 p.m. at Columbian Hall, (Knights of Columbus) 186 London Bridge Rd. Cost of book & workbook is \$30.

RSVP to Bob Ketner by text or email.  
Phone 928-706-0779 or ket@citlink.net.



## **Parish Gift Shop**

It's not too late!  
Stop by the Gift

Shop or Parish Office to pick up your **2026 Parish Calendar** and ***Liturgy of the Word Missals***.

**Stop in and pick up your church merch  
for your pew crew!**



## Our Lady of the Lake Parish Staff & Ministry Directory

### Parish Office Hours

**Phone Number: 928-855-2685**

Monday: 8:00am - 5:00pm  
 Tuesday: 10:30am - 5:00pm  
 Wednesday: 8:00am - 5:00pm  
 Thursday: 8:00am - 5:00pm  
 Friday: 8:00am - 12:00pm

Scan this QR Code to visit our website



### Administration & HR

Patti Miller - Assistant to Pastor  
 Vicki Goodwin - Business Manager  
 Liz Amaro - Accounting and HR  
 Jaime Marquez - Office Receptionist  
 Daniel Plane - IT/Communications  
 Nate Parnham - Music Coordinator

### Liturgy, Baptism & Marriage Preparation

Martha Campos - Liturgy Coordinator

### Evangelization and Outreach

Elliott Seidel - Youth Coordinator  
 Laura Hernandez - Elementary Coordinator

### Sick, Homebound, Funeral & Hospital Ministry

Martha Campos

### Maintenance

Brad Reese - Supervisor  
 Juan Villa - Assistant

### Building Committee

Dennis Atkin, Chair Person 928-855-2685

### Soup Kitchen

Columbian Hall 186 London Bridge Rd.  
 Linda Nitschke, Supervisor 928-855-2685  
 Tuesday & Thursday 4:00 pm  
 Saturday 8:30 am

### Catholic Daughters

Sandi Garcia, Regent 951-675-5086

### Knights of Columbus

Gabriel Ramirez, Grand Knight 928-412-1981

### Pastoral Council

Dante Marinelli, Chair Person 928-855-2685

### Finance Council

Francis Delach, Chair Person 928-855-2685

### St. Vincent de Paul Food Bank

928-680-2874

### Oremus Rosary Makers

Annette Troffer 661-972-1070

### Funeral Reception Ministry

Diane Cichinsky 928-453-5941

### Christ in the Neighborhood

Marianne Nolte 760-846-2569



*Thank you for  
your Stewardship*

### Plate Collection for Month of December 2025

Envelope, Loose Checks & Cash **\$79,405**

Online Giving Month of December 2025 Plate Collection

**Regular \$23,137**

**TOTAL COLLECTED FOR December 2025 \$101,542**

***Budgeted plate for the month of December 2025 \$118,000***

**December 2025 2<sup>nd</sup> Collection \$8,611**

**Christmas Collection 2025: \$17,827**

**Budgeted for Christmas 2025: \$25,200**

**THANK YOU FOR YOUR GENEROSITY**



## Bible Study for Men and Women

Join us every Monday from 5–6 PM  
for our weekly Bible Study.

Sessions are led by  
Deacon John Navaretta and held in the  
church choir area. All are welcome to  
come grow in faith and fellowship.



**Youth Ministry**  
**Session Calendar**  
Location: HFPC

## High School Nights (9th-12th)

Sunday Nights - 6:00 pm to 8:00 pm  
**January Youth Hike, 18<sup>th</sup>, 25<sup>th</sup>**

## Junior High Nights (6th-8th)

Wednesday Nights - 5:30 pm to 8:00 pm  
**January 17<sup>th</sup> Youth Hike, 21<sup>st</sup>, 28<sup>th</sup>**

**Our Lady of the Lake Catholic School Staff Directory**

**Principal** - Mrs. Brittney Delgado

**Admin. Assistant** - Mrs. Barbara Palmieri

Phone Number: 928-855-0154

**School Office Hours:**

Monday - Friday 7:00 am - 4:00 pm

**School Faculty**

Pre-K 3/4 -

Kindergarten - Mrs. Tina Whitehouse

1st Grade - Mrs. Janel Silva

2nd Grade - Mrs. Barbara Larrivee

3rd Grade - Miss Cassandra Betancourt

4th Grade - Miss Julia Rose Wojtkun

5th Grade - Mrs. Katelyn Stanley

6th Grade - Mrs. Julie Standal

7th Grade - Ms. Catherine Cerezo

8th Grade -

Enrichment - Mrs. Jane Jorgensen

Music - Mrs. Kathryn Gricar

PE - Mr. Phil Pikosz

**Maintenance:** Phil Pikosz

**Substitute Teachers:** Margaret Bradley, Sandra Talmadge, Mary Tebo

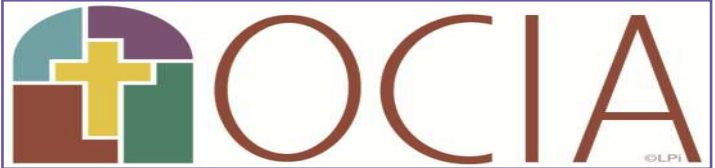
**School Support Staff:** Lesli Allsup, Luz Martinez, Alexia Monroy, Gina Padilla, Jesusa Piojo



**The Virtue for January  
is **Faith****

**FAITH AND REASON**

Faith and reason are not contradictory. The God who made us is the same God who speaks to us, who calls us to respond to Him in faith. Faith and reason are two complementary modes of knowing that truths of the faith never contradict the truths of reason.



OCIA marches on!!! Is God calling you?  
OCIA is for any adult who would like to learn more about the Catholic Faith and is the path to being received fully into the Catholic Church. It is also for any Catholic adult who needs to complete their sacraments of initiation (Holy Eucharist and Confirmation). Any Catholic who is interested in learning about the Faith more deeply is always welcome.



**A Heartfelt Thank  
You for Our Senior  
Giving Tree!**

A huge thank you to everyone who donated to our Senior Giving Tree! Thanks to your generosity, we

were able to provide Christmas gifts to all our homebound seniors and to residents at three different nursing homes in our community. Your kindness made the season much brighter and our seniors felt remembered and loved. God Bless you all!



Scan and Visit us  
on our  
Facebook & YouTube  
Pages!



**Catholic Daughters  
Scholarship**

The Catholic Daughters of the Americas Scholarship application is now open to graduating high school seniors entering their freshman year of college, university, or an accredited trade program in Fall 2026. Applicants must have a minimum unweighted GPA of 3.0. Preference is given to Catholic students; a CDA family connection is not required. Applications are available in the parish office or by calling 951-675-5086. A 250–500 word essay is required. Deadline: March 31, 2026. Recipients will be notified by the end of April 2026.



January 18, 2026



### **1st Organ Fundraiser Concert Series**

The Music Department at Our Lady of the Lake is pleased to present the first Organ Fundraiser Concert in our new concert series!

Join Music Coordinator and Organist Nate Parnham for a fun and engaging hour of music showcasing the power, beauty, and versatility of the organ. The program will feature timeless works by Johann Sebastian Bach, along with a few special musical surprises.

#### *Concert Dates & Times:*

*Thursday, February 12 at 7:00 PM (Main Event)*

*Sunday, February 15 at 2:30 PM*

*The concert will last approximately 1 hour, followed by time to socialize and see the organ up close.*

### **Admission is FREE and open to all ages.**

Donations are greatly appreciated, with all proceeds going directly toward the purchase and installation of a permanent organ at Our Lady of the Lake. The organ used for this concert is temporary, and our goal is to acquire an instrument that will remain here and enrich our community for generations to come.

Can't attend in person?

The February 12th concert at 7:00 PM will be live-streamed on our parish YouTube channel.

We hope you'll join us for this special musical experience—your support helps bring sacred music to life in our parish!



## COME JOIN THE FUN

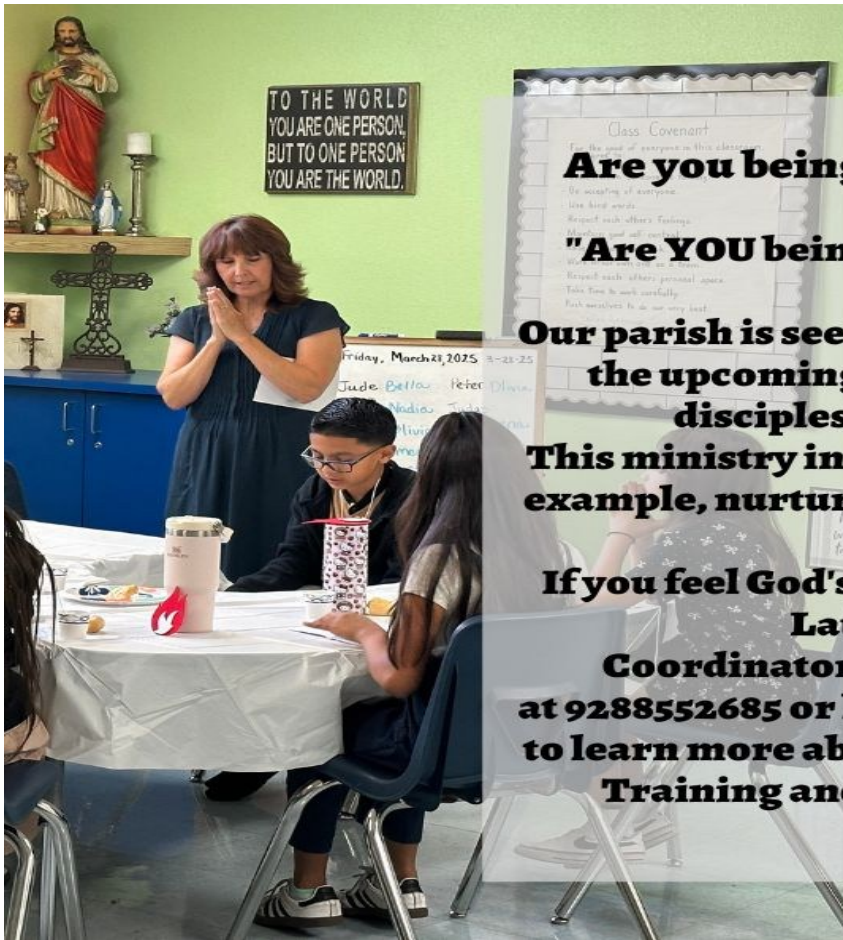


## OUR LADY OF THE LAKE DERBY NIGHT

## TICKETS ON SALE

Dante Marinelli (928) 855-2685 or  
Yvonne Hanzen (760) 473 4635





## **Are you being called to be a catechist?**

**"Are YOU being called to share the gift of faith?"**

**Our parish is seeking dedicated catechists for the upcoming year to help form young disciples in the love of Christ.**

**This ministry involves teaching by word and example, nurturing faith in our children and youth.**

**If you feel God's call to serve, please contact  
Laura Hernandez**

**Coordinator of Religious Education  
at 9288552685 or lhernandez@ourladylh.org  
to learn more about this rewarding vocation.  
Training and support are provided!"**

## **Catholic Education Arizona:**

- **Acepte créditos fiscales para educación privada y corporativa de Arizona**
- **Acepta donaciones tradicionales**
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ARIZONA**

**Cambiando vidas una beca a la vez**



**"Gracias por hacer  
realidad mis sueños."**



**"Thank you for making  
my dreams come true."**

## **Catholic Education Arizona:**

- **Accepts Arizona Private Education and Corporate Tax Credits**
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**Catholic Education  
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**Changing lives one scholarship at a time.**





## Mary's Kitchen

Mary's Kitchen will be off for the month of January and will return in February 2026. We sincerely thank all those who support this ministry through their time, generosity, and prayers. We can't wait to see you all again soon!



## Havasu Columbian Bingo

Join us to play or volunteer!  
We have two sessions at our Columbian Hall located at 186 London Bridge Road every week:

Mon. - Doors open 4 pm, Games start 6 pm  
Wed. - Doors open 11 am, Games start 1 pm

**Volunteers are needed!**



## DIOCESE OF PHOENIX



## Pope Leo's Prayer

THE HOLY FATHER'S PRAYER  
INTENTIONS JANUARY 2026

For prayer with the Word of God.

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.



## Mark Your Calendars Now for Future Fellowship, Faith-sharing, & Fun

1st Biannual Christ in Our Neighborhood  
Kickoff Potluck! January 24, 2026 in Saint Joseph Hall following the 4:00 p.m.

Mass. Open to all Parishioners! If your last name begins with A-I, please bring a main dish; J-Q, a salad; R-V, a side dish, & W-Z, dessert.

Please bring the beverage(s) of your choice for your group. See you there!

Contact Toni Cain at 1-760-419-5445.

## NEW CAMPUS IMPROVEMENTS ENVELOPE

You will find new Campus Improvement envelopes in the pews. This new envelope replaces the green Building the Church of Tomorrow envelopes. If you have envelopes mailed to you, the Campus Improvements envelopes will be included in your package. In the future, if you wish to donate to the new school building, please use the envelopes marked School located in the Narthex. These are designated for school expansion.



## Campus Improvements



AMOUNT \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

**OUR LADY OF THE LAKE CHURCH**  
Lake Havasu City, Arizona

## Prayer

Lord, I will be a good disciple by learning and sharing your words.

## Mission for the Week

I will ask someone to read the Bible to me every day.

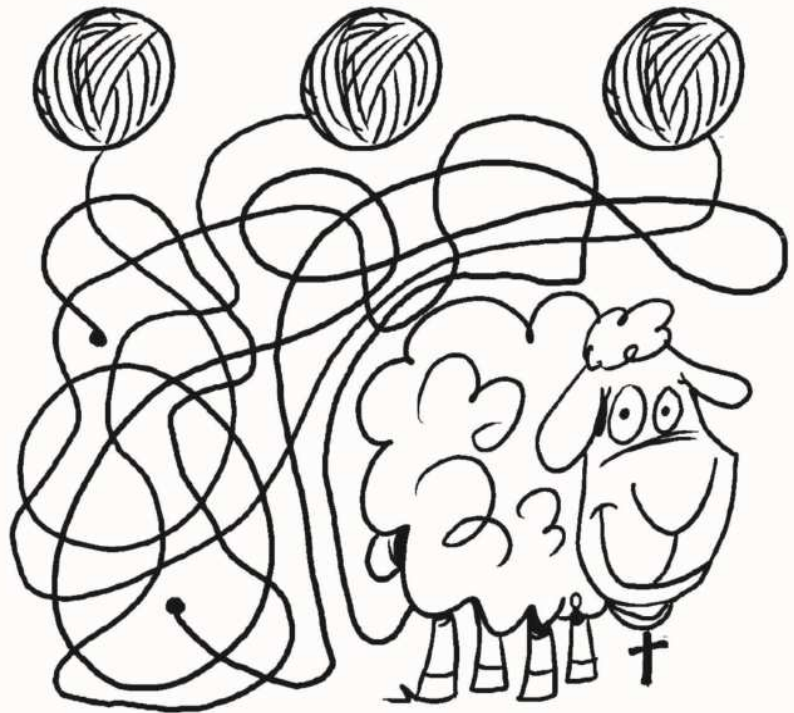
## Sharing the Gospel

John the Baptist told everyone that Jesus was the Son of God. He told them the Holy Spirit came down on Jesus and remained on him as the Scriptures said. Jesus taught his disciples and others. He healed people to show his power as the Son of God. God wants you to be his disciple. He wants you to be a good example of a loving child of God.

Now color  
the picture!



Which ball of yarn leads to the Lamb of God?





Our Food Is Cooked To Order - Not Cooked Ahead

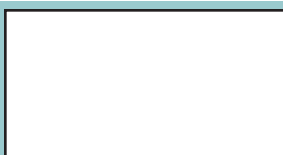
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**2026 Catholic Calendar**

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**McGuire Veterinary Services**  
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Dr. Terry McGuire  
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**SELMAN**  
387 S. Lake Havasu Ave. • Lake Havasu City, AZ 86403

**Serenity Dental**

(928) 854-8540 211 Swanson Avenue, LHC  
**Ash Kaushesh D.D.S.**  
Master of the Academy of General Dentistry  
Master of the College of Sedation in Dentistry  
Diplomate of the Dental Organization for Conscious Sedation  
Diplomate of the American Board of Oral Implantology/Implant Dentistry

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**Ash Kaushesh D.D.S.**  
Master of the Academy of General Dentistry  
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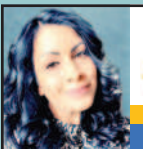


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