

March 8, 2026



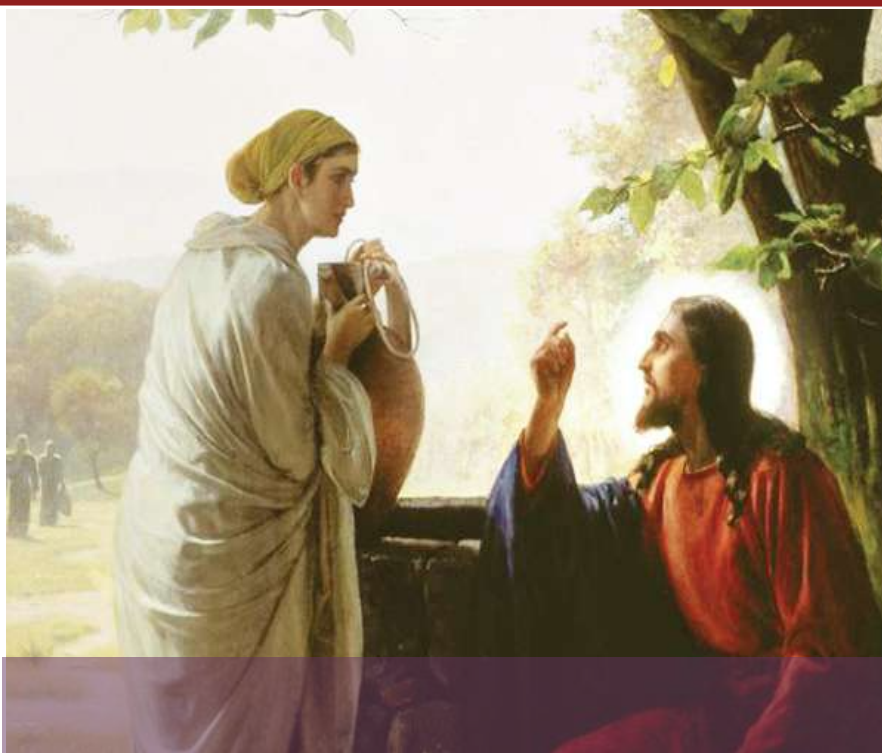
Our Lady of the Lake

Roman Catholic Parish

1975 Daytona Drive
Lake Havasu City, AZ 86403
Phone: (928) 855-2685
FAX: (928) 855-7172
Español: (928) 855-0187
Email: ourlady@ourladylhc.org

Fr. Anthony Okolo, C.S.Sp., V.F.
PAROCHIAL ADMINISTRATOR

Fr. Joshy Thomas
PAROCHIAL VICAR



3RD SUNDAY OF LENT

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

Schedule of Masses

4:00 pm (Saturday Vigil)

Sunday Masses

7:00 am, 8:45 am

10:30 am (Live Streamed)

12:30 pm (Spanish/Español)

5:00 pm

Weekdays

8:30 am & 5:30 pm during Lent

First Friday Mass with Anointing

8:30 am & 6:30 pm

Saturday- 8:30 am

Confessions

Tuesday 5:00 pm - 5:30 pm

Wednesday 9:00 am - 9:30 am

Thursday 5:00 pm - 5:30 pm

Saturday 9:00 am - 9:30 am

First Friday 5:30 pm - 6:30 pm

First Saturday 7:00 am - 7:30 am

(or by appointment)

Holy Hour with Benediction

Tuesday 9:00 am or Friday 3:00 pm

Morning Prayer

Monday - Friday 7:30 am

Rosary

Monday - Saturday 7:50 am

Sacraments

Anointing of the Sick 928-855-2685

Third Sunday of Lent

March 8, 2026



Jesus satisfies our thirst for eternal life. Through his Spirit his grace has been poured into our hearts. God satisfies the thirst of the Israelites whose hearts had become hardened and rebellious.

Pastor's Corner

THE RIGHT FASTING

Beloved Parishioners,

**“Now let us all with one accord,
In fellowship with ages past,
Keep vigil with our heavenly Lord
In His temptation and His fast.”**

These opening lines of the ancient Lenten hymn *Ex more docti mystico*, traditionally attributed to Gregory the Great, immediately situate our Lenten journey within the communion of the Church across the centuries. When we fast, we do not fast alone. We fast “with one accord,” united with Christians of every age who have entered the desert with Christ.

This hymn, prayed for centuries in the Roman Breviary, reminds us that Lent is not a private religious exercise. It is ecclesial. It is historical. It is apostolic. We stand in fellowship with ages past — martyrs, monks, missionaries, mothers and fathers in the faith — who kept vigil with the Lord in His forty days of prayer and fasting.

One may think about the provenance of such a great hymn and ask who was Gregory the Great? Pope Gregory I, known as Gregory the Great, reigned from 590 to 604 AD. He was one of the four great Doctors of the Western Church. A pastor during times of plague, famine, and political instability, he strengthened the Church’s liturgy, deepened pastoral theology through his Pastoral Rule, and sent missionaries to evangelize England. The Lenten hymn attributed to his era reflects the depth of early Christian ascetic spirituality — a spirituality that sees fasting as communion with Christ.

And what does Christ show us in the Gospel of the First Sunday of Lent? He fasted for forty days in the desert — and then He was tempted. This is crucial for us. Many Christians in our parish who are fasting and abstaining during this holy season will experience temptation. It may come as

irritation, discouragement, impatience, pride, or the subtle desire to abandon our discipline. Some may feel tempted precisely because they are fasting.

But the Gospel teaches us something consoling: temptation is not failure. Jesus Himself was tempted. The desert does not remove struggle; it reveals it. Christ responds to each temptation with fidelity to the Word of God. He does not argue emotionally. He does not negotiate with evil. He anchors Himself in Scripture: “It is written.” For us, this means fasting must be joined with prayer; abstinence must be rooted in Scripture; self-denial must be directed toward obedience. Lent is not just about proving spiritual strength. It is about conforming our will to the Father.

In his 2026 Lenten Message, Pope Leo XIV deepens this understanding of what he calls “the best form of fasting.” He reminds the Church that fasting is not merely abstaining from food. The right fasting includes fasting from hurtful speech — from harsh words, rash judgments, and slander. It includes learning to listen. It calls us to interior conversion, humility, and charity. The Holy Father teaches that fasting must shape how we relate to God and to one another. Without conversion of heart, fasting becomes an external ritual. But when united with prayer and charity, it becomes transformative.

Therefore, “THE RIGHT FASTING” is: Fasting with Christ. Fasting with the Church. Fasting from sin. Fasting from harmful speech. Fasting that produces mercy.

As we continue this sacred season, may we fast in one accord. May we keep vigil with our heavenly Lord. May we resist temptation through the strength of His Word. And may our fasting bear fruit in love, patience, reconciliation, and deeper communion. Wishing each of you a holy and fruitful Lenten fast.

Fr. Tony Okolo C.S.Sp., V.F.

Theme: Jesus is Our Living Water

3rd Sunday of Lent of the Year A, March 8, 2026

First Reading: Exodus 17:3-7, Second Reading: Romans 5:1-2, 5-8, Gospel: John 4:5-42

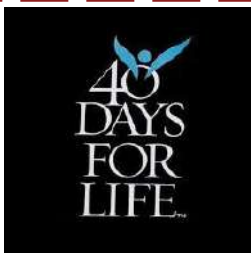
In today's first reading the people of Israel complained against Moses because they had no water to drink. The Lord told Moses to strike the rock with his staff and water would flow from it for the people to drink. Giving the people water in the desert is a demonstration of God's care for his people whenever we are in need and call on him. It is also a sign that God is the one who sustains our lives. If God can make water flow in the desert, it means that God can sustain our lives even in the most difficult moments and situations of our lives. In the desert of our lives let us always call to God and he will answer and provide for us.

In the Gospel we see Jesus talking to a Samaritan woman. The Jews and the Samaritans do not work together because they see themselves as enemies. There is a dialogue between Jesus and this Samaritan woman showing us that Jesus does not consider anyone as a foreigner, but everyone is equal before God. As we saw in the first reading where the people cried for water and God gave them water to drink, in the same way, this woman is in need of water and comes to this

place to get water for herself. Jesus gives her the living water. Jesus is a messiah and truly the living water that satisfies our hunger and thirst. The conversation between Jesus and this woman teaches us a lot about the person of Jesus and his merciful heart. In the first place, he welcomes this woman who is known as a public sinner. He did not cast her out or reject her. In the same way, Jesus is always there to welcome us even if we think we are the worst of sinners. He does not stop anyone from coming closer to him.

Secondly, Jesus wants to heal our broken lives and heal us from our sins the way he heals this woman of Samaria. The final message is just as Moses gave the people water in the desert and they were satisfied, Jesus gives us the living water to satisfy our thirst. Jesus is the only one who can satisfy our hunger. We need Jesus in our lives because without Jesus in our lives, our lives become empty. Let us ask Jesus to fill us with his grace and living water.

Fr. Tony Okolo C.S.Sp., V.F.



40 Days for Life

Every day but Sundays from sunup to sundown at Lakeview Church on the corner of Hwy 95 and Acoma.

Come join the Catholic Daughters every Wednesday at 11am or the Knights of Columbus on Thursdays. We pray the rosary asking Our Lady to stop abortions.

For questions, call Carolyn Olson at 509-599-9492.

DECEASED OF OUR PARISH FAMILY

NANNETTE BLESSING †

BEVERLY NEADLE †

YOLANDA FELIX GUTIERREZ †

SOPHIE RUYIBOLIT †

ESTELA ROMERO †

Mass Intentions & Readings

Sunday	Mar. 8	Ex 17:3-7 Rom 5:1-2, 5-8	Jn 4:5-42 or Jn 4:5-15, 19b-26, 39a, 40-42	7:00 am Don Flakus SI 8:45 am Erma Luchsinger-Rogalla † 10:30 am Maria Felix Carrera † 12:30 pm Bernard Bangasser † 5:00 pm Parishioners	(Theresa Mareck) (Her Children) (Monroy Family) (Patricia Bangasser)
Monday	Mar. 9	2 Kgs 5:1-15ab	Lk 4:24-30	8:30 am Deacon Patrick † 5:30 pm Beverly Neadle †	(Betancourt Family) (Dan Mathews)
Tuesday	Mar. 10	Dn 3:25, 33-43	Mt 18:21-35	8:30 am Donna Kraus † 5:30 pm Beverly Neadle †	(Barbara Palmieri & Family) (Bob & Sherry Ketner)
Wednesday	Mar. 11	Dt 4:1, 5-9	Mt 5:17-19	8:30 am Francis Tassinari † 5:30pm Johnny Saavedra †	(Mary Lou Tassinari) (Gina Padilla)
Thursday	Mar. 12	Jer 7:23-28	Lk 11:14-23	8:30am Johnny Mu † 5:30pm Carmen Johnson †	(Dan Mathews) (Joe & Hermi Tuso)
Friday	Mar. 13	Hos 14:2-10	Mt 12:28-34	8:30 am Dr. Francis Tassinari † 5:30 pm For Peace	(Knights of Columbus)
Saturday	Mar. 14	Hos 6:1-6 1 Sm 16:1b, 6-7, 10-13a Eph 5:8-14	Lk 18:9-14 Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38	8:30 am Dorothy Petrea † 4:00 pm Mike Shultz †	(Donna Petrea) (Linda Ray)
Sunday	Mar. 15	1 Sm 16:1b, 6-7, 10-13a Eph 5:8-14	Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38	7:00 am Don Flakus SI 8:45 am Jodie Arneson † 10:30 am Stanley & Troy Kole † 12:30 pm Parishioners 5:00 pm Virgil Arthur Judd Jr †	(Theresa Mareck) (Dan Mathews) (Carol Corrine & John Kole) (Jeannie Judd)



Parish Mission – March 9–12

Join us for our Parish Mission, March 9th–12th, led by Fr. Joshy Thomas. Mission talks will take place after the 8:30 AM morning Mass and after the 5:30 PM evening Mass each day. Throughout the mission, Fr. Thomas will reflect on important aspects of our Catholic faith, including:

The Our Father & the Rosary

Confession

The Eucharist

The Holy Spirit

Come deepen your faith and grow closer to Christ through these powerful evenings of prayer and teaching. All are welcome!



Mary's Kitchen

There will be no Mary's Kitchen this weekend. We will resume service the Weekend of 21st and 22nd. Thank you for your understanding.

Cocina de Maria

No habrá Mary's Kitchen este fin de semana. Reanudaremos el servicio el fin de semana del 21 y 22. Gracias por su comprensión.



Knights of Columbus Membership Drive

The Knights of Columbus will host a Membership Drive in the Narthex of the church before and after all Masses on the weekend of March 14–15, 2026.

All Catholic men age 18 and older are invited to stop by to learn more about joining the Knights and serving our parish and community.



No Coffee & Donuts This Weekend

There will be no Coffee & Donuts this weekend. Service will resume March 22nd. Thank you for your understanding!



ALTAR CANDLES

In Loving Memory of

Jim & his Daughter Michèle †

From Sylvia Stuchlik

Our Lady of the Lake Parish Staff & Ministry Directory

Parish Office Hours

Phone Number: 928-855-2685

Monday: 8:00am - 5:00pm
Tuesday: 10:30am - 5:00pm
Wednesday: 8:00am - 5:00pm
Thursday: 8:00am - 5:00pm
Friday: 8:00am - 12:00pm

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Administration & HR

Patti Miller - Assistant to Pastor
Vicki Goodwin - Business Manager
Liz Amaro - Accounting and HR
Jaime Marquez - Office Receptionist
Daniel Plane - IT/Communications
Nate Parnham - Music Coordinator

Liturgy, Baptism & Marriage Preparation

Martha Campos - Liturgy Coordinator

Evangelization and Outreach

Elliott Seidel - Youth Coordinator
Laura Hernandez - Elementary Coordinator

Sick, Homebound, Funeral & Hospital Ministry

Martha Campos

Maintenance

Randy Kampa
Juan Villa

Building Committee

Dennis Atkin, Chair Person 928-855-2685

Soup Kitchen

Columbian Hall 186 London Bridge Rd.
Linda Nitschke, Supervisor 928-855-2685
Tuesday & Thursday 4:00 pm
Saturday 8:30 am

Catholic Daughters

Sandi Garcia, Regent 951-675-5086

Knights of Columbus

Gabriel Ramirez, Grand Knight 928-412-1981

Pastoral Council

Dante Marinelli, Chair Person 928-855-2685

Finance Council

Francis Delach, Chair Person 928-855-2685

St. Vincent de Paul Food Bank 928-680-2874

Oremus Rosary Makers

Annette Troffer 661-972-1070

Funeral Reception Ministry

Diane Cichinsky 928-453-5941

Christ in the Neighborhood

Marianne Nolte 760-846-2569

TAMALE FUNDRAISER



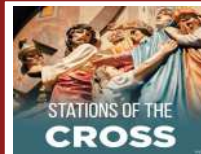
Tamale Fundraiser

The Guadalupano committee will be having a tamale fundraiser. Orders will be for red pork tamales only. They will be in the Narthex to take pre-sale orders on the weekend of March 7th and 8th. Orders will be ready for pickup on March 22nd from 8:00 am to 12:00 noon in St. Joseph Hall. You may also call 928-486-9402 to place an order.



Come join us in celebrating St. Joseph's Feast on March 15th from 11:30 AM to 2:00 PM in SJH. Enjoy an Italian lunch and delicious desserts!

For any questions, please contact Rosalie Smith at 928-846-2601.



Stations of the Cross
Friday's during Lent

6:10 pm English-Outside
6:20 pm English-Church
6:30 pm Spanish-Outside

Fridays During Lent

8:30 am Mass followed by
All Day Adoration
9:00 am to 5:30 pm

Mass - 5:30 pm

Second Collection – Reminder

Please note that a second collection will take place **the weekend** of March 14th & 15th at all Masses to support needed Church campus improvements.



Your generosity is greatly appreciated.



Our Lady of the Lake Catholic School Staff Directory

Principal - Mrs. Brittney Delgado
Admin. Assistant - Mrs. Barbara Palmieri
Phone Number: 928-855-0154

School Office Hours:
Monday - Friday 7:00 am - 4:00 pm

School Faculty
Pre-K 3/4 -
Kindergarten - Mrs. Tina Whitehouse
1st Grade - Mrs. Janel Silva
2nd Grade - Mrs. Barbara Larrivee
3rd Grade - Miss Cassandra Betancourt
4th Grade - Miss Julia Rose Wojtkun
5th Grade - Mrs. Katelyn Stanley
6th Grade - Mrs. Julie Standal
7th Grade - Ms. Catherine Cerezo
8th Grade -

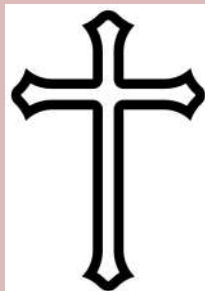
Enrichment - Mrs. Jane Jorgensen
Music - Mrs. Kathryn Gricar
PE - Mr. Phil Pikosz

Maintenance: Phil Pikosz
Substitute Teachers: Margaret Bradley, Sandra Talmadge, Mary Tebo
School Support Staff: Lesli Allsup, Luz Martinez, Alexia Monroy, Gina Padilla, Jesusa Piojo



Break Open the Word

Fridays after the 8:30 am morning Mass, join us as we gather in the JP II Garage to prepare and read the upcoming Sunday's Scripture. This is a wonderful opportunity to grow in faith & fellowship with others & enjoy some treats & coffee! For more information call Teri at 702-348-8191.



There will be no **Tuesday with Mary's Adoration and Rosary on March 10th** due to the Parish Mission led by Fr. Thomas following Mass. Thank you for your understanding, and we encourage everyone to attend the Parish Mission.



Easter Flowers

What better way to express your joy in the risen Lord than to adorn His Altar at Easter! We will be accepting donations for flowers to decorate the sanctuary throughout the Easter season. Your donation may be made in memory of a loved one or for your own special reasons. Use the envelopes provided in your envelope packet or in the pews, and return them prior to Palm Sunday, March 29th. The envelopes may be placed in the collection basket or brought to the Parish Office.



Knights Charity Golf Tournament

The Knights of Columbus Council 6442 will be hosting a Charity Golf Tournament on **Saturday, April 4th** at the Lake Havasu Golf Club. The event will benefit local charities that provide for the needy.

The tournament is a four-person scramble. Registration is at 7 a.m., with a shotgun start at 8 a.m. The cost is \$125 per individual golfer, \$400 per team of four, and will cover golf and lunch immediately following the tournament.



Prizes will be provided for a Par 3 hole in one (Polaris RZR for one Par 3), and for the longest drives both male and female.

For Registration or if you have any questions concerning the event,



*please contact
Mike Christopher at
562-290-3494 or e-mail at
mgoombah@yahoo.com*



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Pope Leo's Prayer

THE HOLY FATHER'S PRAYER
INTENTIONS March 2026
For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.



Spiritual ICU

Catholic • Grief • Guilt •
Loss • Healing

Be sure to join Aloisia "Sia" and Kalala Toilolo on their new spiritual journey, Spiritual ICU — a podcast created to help soothe the soul. Through a Catholic lens, they explore grief, guilt, loss, healing, and the hope we find in Christ. Whether you are walking through a difficult season or simply seeking deeper spiritual reflection, this podcast offers encouragement, faith, and compassionate conversation. Tune in and allow God's grace to meet you right where you are.



The Virtue for March is Peace

Meaning:

- ◆ Peace is one of the Fruits of the Holy Spirit.
- ◆ It grants us inner tranquility and fosters harmony between persons

Opposing Trait:

- ◆ Vice
- ◆ Anger



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September 7–18, 2026 12-Day Pilgrimage | \$5,199 Join Fr. Tony for a spiritually enriching pilgrimage with daily Mass and visits to Kraków, Czestochowa, Lagiewniki (Divine Mercy Shrine), Auschwitz, Wadowice (birth of St. John Paul II), Prague (Infant Jesus), Medjugorje, and Dubrovnik. Includes airfare, 4-star hotels, daily breakfast & dinner, guided tours, and 24/7 travel support.

Canterbury Pilgrimages: (800) 653-0017 hello@canterburypilgrimages.com Or scan the QR code for more information. Itineraries and paper registration forms are available in the narthex or parish office. You may also register online using the QR code.



Poland, Prague, Medjugorje & Dubrovnik

with Fr. Anthony Okolo





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Catholic Daughters Scholarship

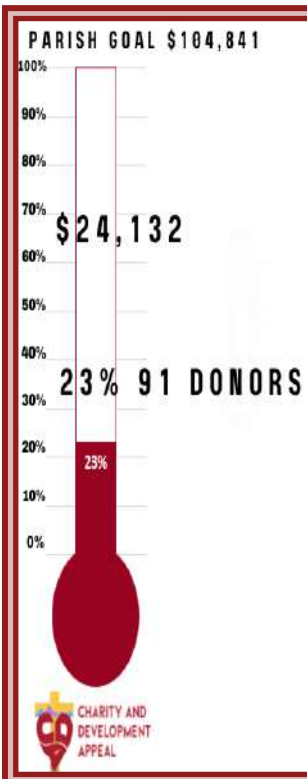
The Catholic Daughters of the Americas Scholarship application is now open to graduating high school seniors entering their freshman year of college, university, or an accredited trade program in Fall 2026. Applicants must have a minimum unweighted GPA of 3.0. Preference is given to Catholic students; a CDA family connection is not required. Applications are available in the parish office or by calling 951-675-5086. A 250-500 word essay is required. Deadline: March 31, 2026. Recipients will be notified by the end of April 2026.



Youth Ministry Session Calendar
Location: HFPC

High School Nights (9th-12th)
Sunday Nights - 6:00 pm to 8:00 pm
Mar. 8th, 15-21 Spring Break No Session
March 22nd, 29th

Junior High Nights (6th-8th)
Wednesday Nights - 5:30 pm to 8:00 pm
Mar. 11th
15-21 Spring Break No Session
March 25th



Charity and Development Appeal
The annual Charity and Development Appeal has begun. Thank you to those who have already made their gift to the CDA! Please make your gift to the CDA at www.give.dphx.org

Campaña anual de Caridad y Desarrollo
Hoy comienza la campaña anual de Caridad y Desarrollo. Gracias a los que han dado su donación al CDA! Por favor de su donación al CDA Entrando al sito de internet www.give.dphx.org



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Miriam Dinner – March 23

St. Thomas Aquinas is hosting a *Miriam Dinner* on March 23 for women ages 16–36 who are interested in discerning religious life. Sixteen Sisters from five different communities — including the Dominican Sisters from St. John Paul II High School — will be present to share their vocation stories.

This is a free event, but space is limited.

RSVP at: www.stacc.net/miriam

Prayer

Lord, give me your water to drink.

Mission for the Week

I will give a cup of water to my family and friends today.

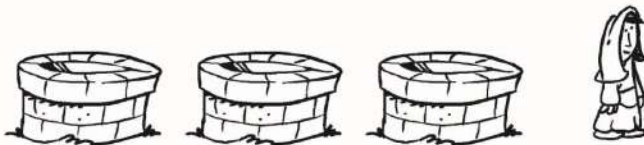
Sharing the Gospel

Jesus told the Samaritan woman that when people drink his water they will never be thirsty again. When you are very hot, you would like this kind of water. The water that Jesus gives us to drink is his word which will last forever. It will help us get to heaven. Jesus said that he was the Messiah sent to explain everything. When you want to know the way, Jesus helps you. When you do not understand, Jesus explains it to you.

Now color the picture!



Circle the picture that is the **different**.
Then color in all the pictures.



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